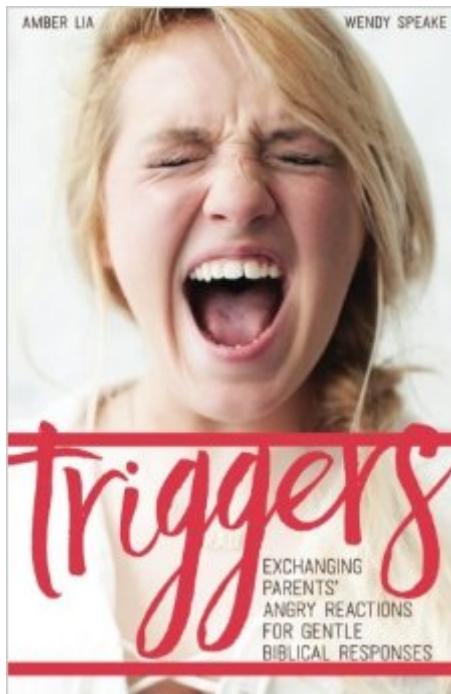


The book was found

# Triggers: Exchanging Parents' Angry Reactions For Gentle Biblical Responses



## **Synopsis**

Do you believe your struggle with anger stems from the wrong behavior you see displayed in your children? The knee-jerk reactions and blow-ups you're facing are often a result of a bigger set of triggers. Some of these are external, like a child's disobedience, backtalk, or selective hearing, while others are internal, like an overflowing schedule, sleep-deprivation, or perhaps your own painful experiences from childhood. *Triggers: Exchanging Parent's Angry Reactions for Gentle Biblical Responses* examines common parenting issues that cause us to explode inappropriately at our children. Moving beyond simple parenting tips on how to change your child's behavior, authors Amber Lia and Wendy Speake offer biblical insight and practical tools to equip and encourage you on the journey away from anger-filled reactions toward gentle, biblical responses.

## **Book Information**

Paperback: 228 pages

Publisher: BRU Press (February 3, 2016)

Language: English

ISBN-10: 0692620753

ISBN-13: 978-0692620755

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars See all reviews (151 customer reviews)

Best Sellers Rank: #4,883 in Books (See Top 100 in Books) #21 in Books > Christian Books & Bibles > Christian Living > Family #1136 in Books > Religion & Spirituality

## **Customer Reviews**

I tire of Christian mommy self-help books. I've been introduced to quite a few through the M.O.M.S. group at our church, Facebook moms' groups and recommendations from friends. I've read and enjoyed a few, and I've enjoyed the conversation that a few of them spurred in my groups. But I tire of their step-by-step messages of how to fix this and do that better. I tire of their subtle guilt-inducing yet pandering and condescendingly sugary message, as if I am a tender thing to be coddled while a list of my failings is laid before me. I know they mean well, and some of them even contain the truth...somewhere. While I reject their trite offerings of an easy fix, I am ever aware that this mothering thing I'm doing is hard, that I'm failing at it in significant ways, and that there must be hope for doing it right, loving my little ones well, growing in grace. This is not one of those books. I've

seen reviewers call this book honest, practical, biblical, and helpful, and it is all of those things. It is divided into 31 topics and can function as a month-long devotional study. The chapters are short and contain many scripture references as well as practical advice. It can also be read straight-through (as I did). I have no doubt that every parent could find wisdom here applicable to her situation no matter the types of trials her family faces. But this is not why I love this book, have found it infinitely valuable on first reading, and will return to it again and again. What Amber and Wendy have done for parents is beautiful and far beyond self-help or practical advice. You will not find in this book a message of sticky-sweet guilt accompanied by a list of things to do, quotes to pin on your mirror, and charts to make everything better.

[Download to continue reading...](#)

Triggers: Exchanging Parents' Angry Reactions for Gentle Biblical Responses Triggers Study Guide: Exchanging Parents' Angry Reactions for Gentle Biblical Responses Mental Illness: PTSD: Learn How To Handle PTSD Triggers (Bipolar Trauma Depression) (Self Help Mental Illness Dysfunctional Relationships) Construction Claims and Responses: Effective Writing and Presentation Conversation: The Gentle Art Of Hearing & Being Heard - HowTo "Small Talk", How To Connect, How To Talk To Anyone (Conversation skills, Conversation starters, Small talk, Communication) Good and Angry: Redeeming Anger, Irritation, Complaining, and Bitterness Angry Greeting Cards: Swear Word Adult Greeting Cards You Can Make Yourself (Adult Greeting Cards & Swear Word Greeting Cards Book 1) Angry Birds Star Wars 2 Guide Good Parents Worry, Great Parents Plan: The Guide to Protecting Your Child with a Will and Trust King of Kings (Biblical Prophecies Book 3) Organic Reactions, Volume 90 The ABCs of Yoga for Kids: A Guide for Parents and Teachers Cook Book: 20 Easy Recipes for Busy Parents: The Best: Fast and Easy, Homemade Food Using the Manual Food Processor Master Slicer Feeding the Whole Family: Cooking with Whole Foods: More than 200 Recipes for Feeding Babies, Young Children, and Their Parents Ketogenic Diet: 21-Day Healthy Ketogenic Meal Plan To Get Lean And Lose Weight Fast As Hell- Tips For Low-Carb Ketogenic Diet (Beginners Weight Loss Food Cookbook, Parents Guide, Epilepsy Manual) Hacking Leadership: 10 Ways Great Leaders Inspire Learning That Teachers, Students, and Parents Love (Hack Learning Series) (Volume 5) The Gardener and the Carpenter: What the New Science of Child Development Tells Us About the Relationship Between Parents and Children GENERATION Z: How this Generation is Different from Millenials (What Parents Need to Know) Miller's Review of Critical Vaccine Studies: 400 Important Scientific Papers Summarized for Parents and Researchers Do Parents Matter?: Why Japanese Babies Sleep Soundly, Mexican Siblings Don't Fight, and American Families Should Just Relax

[Dmca](#)